



BLADE

Recommendations

		Gold Star	Phantom	Professional	Vision	Dance	Vision Synchro	Team Precision	Double Star	Gold Seal	Pattern 99	Coronation Comet	Four Aces	Coronation Ace	Super Dance 99	Coronation Dance	Wilson Precision	Majestic	Jubilee	
ISI Test Levels	TOT 1, 2, 3 & 4																			
	PRE-ALPHA																			
	ALPHA								*									*	*	
	BETA & GAMMA								*									*	*	
	DELTA								*									*	*	
	FREESTYLE TEST 1 & 2								*									*	*	
	FREESTYLE TEST 3 & 4				*				*				*	*	*			*	*	
	FREESTYLE TEST 5			*	*								*	*	*			*	*	
	FREESTYLE TEST 6 & 7			*	*								*	*				*	*	
	FREESTYLE TEST 8	*	*		*						*	*	*					*	*	
FREESTYLE TEST 9 & 10	*	*		*						*	*									
USFSA Basic Skills Program	SNOWPLOW SAM 1, 2 & 3																			
	BASIC 1, 2 & 3																			*
	BASIC 4 & 5																			*
	BASIC 6								*									*	*	
	FREESTYLE 1 & 2			*					*						*			*	*	
	FREESTYLE 3 & 4			*	*				*			*		*	*			*	*	
	FREESTYLE 5			*	*				*			*	*	*	*			*	*	
FREESTYLE 6			*	*				*			*	*	*	*			*	*		
USFSA Standard Tests	PRELIMINARY FREE SKATE			*	*			*				*	*	*						
	JUVENILE FREE SKATE			*	*			*				*	*	*				*		
	INTERMEDIATE FREE SKATE		*	*	*	*		*			*	*	*	*	*				*	
	NOVICE FREE SKATE	*	*	*	*	*		*		*	*	*	*	*	*					
	JUNIOR FREE SKATE	*	*		*	*				*	*	*	*	*	*					
	SENIOR FREE SKATE	*	*		*	*				*	*	*	*	*	*					
	ADULT BRONZE FREE SKATE			*	*	*			*			*	*	*	*			*	*	
	ADULT SILVER FREE SKATE		*	*	*	*			*			*	*	*	*					
	ADULT GOLD FREE SKATE	*	*		*	*				*	*		*	*	*					
	INTERMEDIATE PAIR		*	*	*	*					*	*	*	*	*					
	NOVICE PAIR		*	*	*	*					*	*	*	*	*					
	JUNIOR PAIR	*	*		*	*				*	*	*	*	*	*					
	SENIOR/GOLD PAIR	*	*		*	*				*	*	*	*	*	*					
	NOVICE/JUNIOR DANCE					*											*			
	SENIOR/ADULT DANCE					*										*	*			
	PRELIMINARY SYNCHRO								*									*		
	JUVENILE SYNCHRO							*	*									*	*	
	INTERMEDIATE SYNCHRO							*	*									*	*	
	NOVICE SYNCHRO							*	*									*	*	
	JUNIOR SYNCHRO							*	*									*	*	
SENIOR SYNCHRO							*	*									*	*		
ADULT SYNCHRO							*	*									*	*		
Canadian Test Guidelines	SKATE CANADA 1 - 4																			
	SKATE CANADA 3 - 7																			
	SKATE CANADA 5 - 7																			
	PRELIMINARY FREESTYLE			*					*						*			*	*	
	PRELIMINARY DANCES			*					*						*		*	*	*	
	JUNIOR BRONZE FREESTYLE			*					*				*	*	*			*	*	
	JUNIOR BRONZE DANCES			*	*	*			*			*	*	*	*		*	*	*	
	SENIOR BRONZE FREESTYLE			*	*							*	*	*	*		*	*	*	
	SENIOR BRONZE DANCES			*	*	*						*	*	*	*		*	*	*	
	JUNIOR SILVER FREESTYLE	*	*		*	*					*	*	*	*	*		*	*	*	
	JUNIOR SILVER DANCES	*	*		*	*	*				*	*	*	*	*	*	*	*	*	
	SENIOR SILVER FREESTYLE	*	*		*	*				*	*	*	*	*	*	*	*	*	*	
	SENIOR SILVER DANCES	*	*		*	*	*			*	*	*	*	*	*	*	*	*	*	
	PRE-NOVICE COMPETITION			*	*							*	*	*	*	*	*	*	*	
	GOLD FREESTYLE, GOLD DANCES, NOVICE/JR COMPETITION	*	*		*	*	*			*	*	*	*	*	*	*	*	*	*	
	GOLD FREESTYLE, GOLD DANCES, DIAMOND DANCES, SR COMP.	*	*		*	*	*			*	*	*	*	*	*	*	*	*	*	
	JUVENILE SYNCHRO			*					*					*	*			*	*	
	NOVICE SYNCHRO							*	*				*	*	*			*	*	
	JUNIOR SYNCHRO							*	*				*	*	*			*	*	
	SENIOR SYNCHRO							*	*				*	*	*			*	*	
ADULT SYNCHRO							*	*				*	*	*			*	*		